

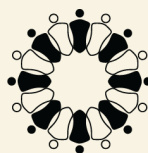
# **Oak Grove High School Main Gym**

April 27, 2024



**OCFP**

Office of Children & Families Policy  
Office of the County Executive



**Youth Task Force**  
COUNTY OF SANTA CLARA | OCFP

# — AGENDA —

## **Registration and Breakfast**

8:30am - 9:15am

## **Event Introduction**

9:15am - 9:25am

## **Featured Speaker**

9:30am - 9:50am

## **Leadership Remarks**

9:55am - 10:10am

## **Youth Panel**

10:15am - 10:40am

## **Resource Tables and Activities**

10:45am - 11:45am

## **Call to Action and Raffle Prizes**

11:45am - 12:00pm

# Welcome!

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Hello and welcome to the 2024 Youth Leadership Summit! On behalf of the County of Santa Clara Office of Children and Families Policy and the Youth Task Force, thank you for joining us today. This will be an exciting event where you can network and gain valuable information throughout the afternoon.

The theme of the summit is *student wellness*. The purpose of the event is to provide a space to connect with other youths, provide wellness resources and interactive learning sessions designed to build and strengthen youth leadership and engagement opportunities.

This event will have volunteers and staff available to help guide you to the different resource tables and activities. Please feel free to ask for directions or assistance!

## Breakfast Menu

- Breakfast Bagels
- Breakfast Croissants
- Breakfast Burritos
- Vegetarian Breakfast Burritos
- Vegan Breakfast Wraps
  
- Granola Bars
- Whole Bananas, Pears, Apples
  
- Homemade Lemonade
- Infusion Ice Water
- Hot Chai



**Featuring  
John Kraus and student violinists!**

# Youth Task Force

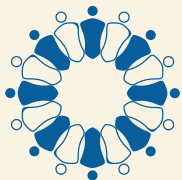
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The Youth Task Force (YTF) is a representative body of Santa Clara County youth that aims to provide an opportunity and voice for youth to have a formal role in the local decisions and policies of government agencies and community organizations that affect the lives of young people. The YTF assists and advises the County of Santa Clara Board of Supervisors on matters pertaining to youth.

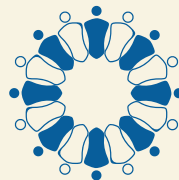
As your hosts, you'll see the commissioners throughout the day. Please feel free to say hi!

For more information, visit their website at: <https://bit.ly/sccytf>

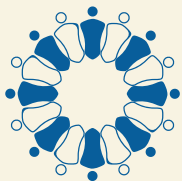
## District 1 Commissioners - Supervisor Sylvia Arenas:



Shrinand Bangalore  
(he/him)  
Board District 1



Hermiyone Ketz Patricio  
(she/her)  
Board District 1



Shravya "Vya" Raghava  
(she/her)  
Board District 1

## District 2 Commissioners - Supervisor Cindy Chavez:



Kiran Bogusky (he/him)  
Board District 2



Naomi Lyn (she/her)  
Board District 2



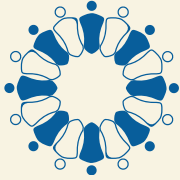
Grace Wang (she/her)  
Board District 2



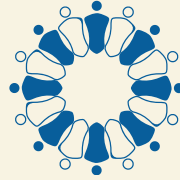
# Youth Task Force (cont.)

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## District 3 Commissioners - Supervisor Otto Lee:



Varnika Arun (she/her)  
Board District 3



Nitya Kaki (she/her)  
Board District 3



Kushleen Kaur (she/her)  
Board District 3

## District 4 Commissioners - Supervisor Susan Ellenberg:



Anagha Dogiparthi (she/her)  
Board District 4



Nico Fischer (he/him)  
Board District 4



Henry Yao (he/him)  
YTF Co-Chair  
Board District 4

## District 5 Commissioners - Supervisor Joe Simitian:



Kendall Nord (she/her)  
Board District 5



Evani Purohit (she/her)  
Board District 5



Anushka Tadikonda (she/her)  
YTF Co-Chair  
Board District 5

# Featured Speaker



## Conversation with Jeff Duncan-Andrade, Ph.D.



Dr. Duncan-Andrade is a Professor of Latina/o Studies and Race Resistance Studies at San Francisco State University. His work has been widely studied and acclaimed for producing uncommon levels of social and academic success for students.

### Youth Task Force Facilitators:

- Kiran Bogusky
- Nico Fischer
- Evani Purohit

### Notes

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# Leadership Remarks

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## **James R. Williams**

James R. Williams is the County Executive for the County of Santa Clara. He is a first-generation American and the first person of color to lead the largest and most diverse county in Northern California.



## **Dr. Mary Ann Dewan**

Dr. Dewan, Santa Clara County Superintendent of Schools, has dedicated 37 years to public education and strives to promote equity-focused system change at local, county, and state levels.



## **Susan Ellenberg**

Santa Clara County Supervisor Susan Ellenberg serves as President of the Board of Supervisors and has made good on her promise to improve equity and quality of life for children and families during her first term in office.



## **Sylvia Arenas**

Supervisor Sylvia Arenas is a proud native of San Jose, representing District 1 on the County of Santa Clara Board of Supervisors and has been a tireless champion for families, women, children, and racial equity.



## **Sarah Duffy**

Sarah currently serves as the County of Santa Clara's first Chief Children's Officer, bringing a child centered approach to her work informed by years of service in child and family programming.

# Youth Panel

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Hear from your peers about local student wellness issues!



## Esperanza Alejandre

Jovenes Activos leader

*Topic: Depression and Support*



## Leanne Grace Alvarado

allcove Youth Advisory Group member

*Topic: Additional needs in wellness centers*



## Josiah D'Angelo

Fresh Lifelines for Youth (FLY) Youth Advisory Council Member

*Topic: Balancing wellness, high school classes, and sports*



## Leomar Noguez

Oak Grove High School Joven Noble Graduate

*Topic: Joven Noble Circle*



## Albert Rodriguez

Fresh Lifelines for Youth (FLY) Youth Advisory Council Member

*Topic: Reflecting on changes to support current wellness and financial health*

# Youth Panel (cont.)

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**Aadhya Satish**

allcove Youth Advisory Group member

*Topic: Impacts of emigration on wellness*



**Robert Schambach**

Morgan Hill Unified School District Board Member

*Topic: Self-discovery journey into wellness advocacy work*



**Pragya Sharma**

President of Santa Clara County Library Teen Advisory Board

*Topic: Social media as a connection tool*



**Aria Rani Sindledecker**

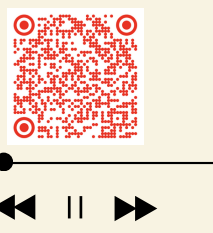
School Chapter President of Bring Change to Mind

*Topic: Film production and student wellness advocacy*


# Resource Tables and Activities

Below is a map and the various activities and resource tables attendees can participate in and visit. Organizations with tables offer information on youth leadership and engagement opportunities, with a focus on student wellness.

Scan the QR code to check out the playlist curated by the Youth Task Force



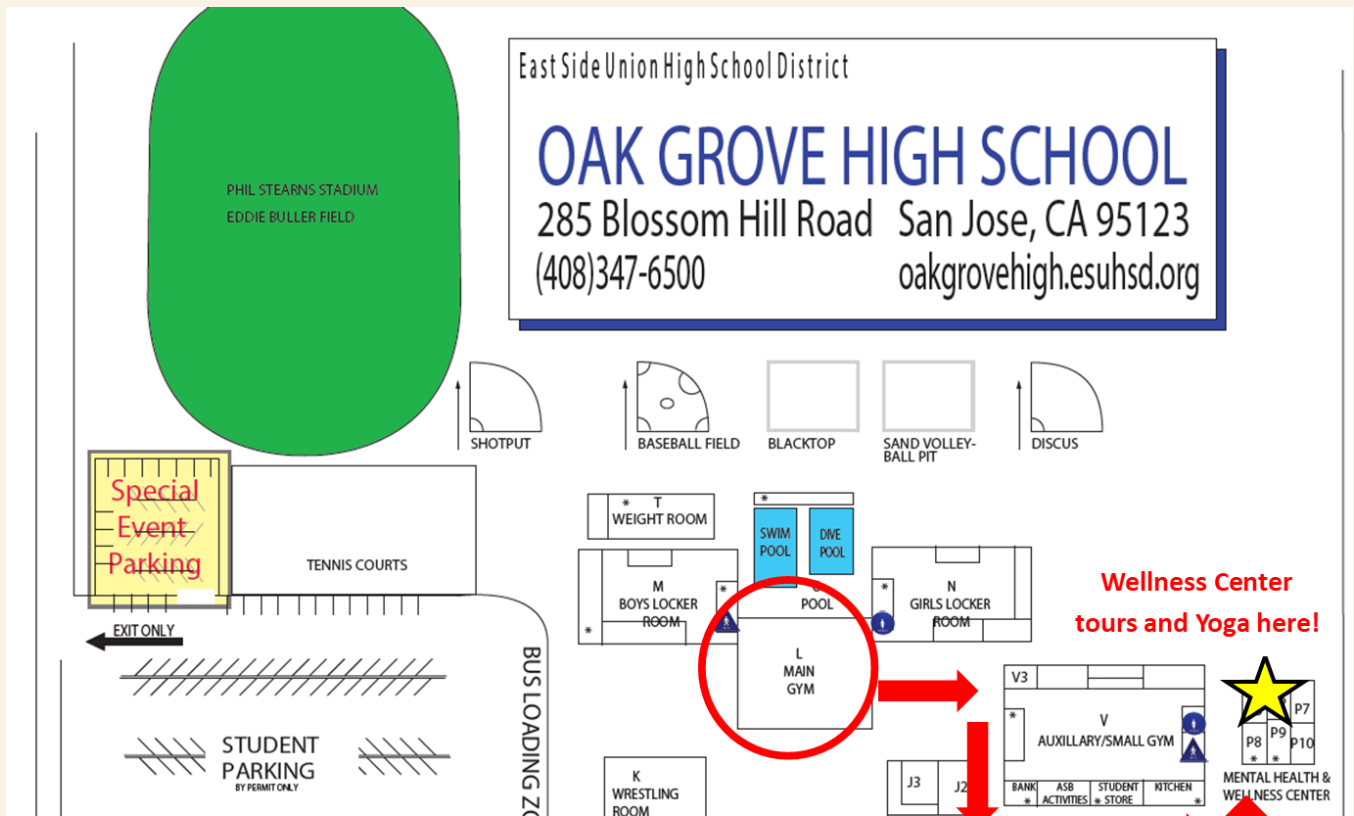
Tour Oak Grove's Wellness Center and participate in a yoga session!



Take a break and do some arts and crafts!



Take a student wellness survey!

# Resource Tables and Activities

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## **allcove**

allcove is a space for youth to find community, support, advice or even just a moment of pause. The centers offer spaces for youth to access a range of emotional, physical, and social support services - on their own terms.

## **Behavioral Health Services Department: Q Corner, Substance Use Prevention**

The Q Corner provides peer support, resource linkage, and mental health services. The mission of Substance Use Prevention is to provide resources to improve access to treatment for substance use disorders and prevention.

## **Board of Supervisor District 1 - Sylvia Arenas**

The mission of Supervisor Arenas is to provide total representation - ensuring D1 constituents, neighborhoods and communities have a voice on the Board of Supervisors.

## **CalWORKs Employment Services - Intern & Earn Program**

The Intern & Earn Program is aimed toward young adults and provides internship opportunities at County worksites, non-profits, and private organizations.

## **Downtown Youth Wellness Center (DYWC)**

The DYWC is a County of Santa Clara Behavioral Health program dedicated to promoting a safe, supportive, and youth-focused environment for young people ages 12 to 25.

## **Excite Credit Union**

Excite Credit Union designs products and gives everyone a chance to build a financially stronger future.

## **Fresh Lifelines for Youth (FLY)**

The mission of FLY is to partner with youth to unlock their potential, disrupt the pipeline to prison, and advance justice in California and beyond.

## **Gardner Health Services**

Gardner's mission is to provide high quality, comprehensive medical and mental healthcare, and has open door programs where all are welcomed for 8 free sessions of support space where Mental Health Specialists can provide connections to community resources.

## **National Alliance on Mental Illness - Santa Clara County (NAMI-SCC)**

NAMI-SCC helps people with a lived experience of mental illness and families by providing support, education, and advocacy.

## **New Hope for Youth**

New Hope for Youth is dedicated to serving and reaching out to young individuals facing adversity and those at risk, along with their families and the community.

## **New Victory Outreach/Twilight Ministry**

Victory Outreach trains, develops, instills, and inspires within women the desire to fulfill their potential in life.

## **Office of Labor Standards Enforcement (OLSE)**

OLSE is committed to building a just and equitable community for all Santa Clara County residents by creating safe and respectful workplaces.

## **Office of LGBTQ Affairs (OLGBTQA)**

OLGBTQA provides leadership and support for the well-being and longevity of LGBTQ communities in Santa Clara County.

## **Pacific Clinics**

Pacific Clinics delivers integrated behavioral health care and social services to advance health equity and mental well-being for children, adults and families.



# Resource Tables and Activities

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## **Public Health Department: Capitanes del Bosque (Captains of the Forrest), Tobacco-Free Communities Program**

The Capitanes del Bosque mission is to develop youth leadership by encouraging nature exploration within our local parks and open spaces, while fostering relationships with park staff. The Tobacco-Free Communities program strives to improve the health of all residents and the workforce in Santa Clara County by reducing illness and premature death attributed to the use of tobacco products.

## **Registrar of Voters (ROV)**

The ROV protects and ensures the community's right to participate in fair, inclusive, accurate, and transparent elections.

## **San Jose Youth Commission**

The Youth Commission promotes resources and opportunities available to youth and provides equitable access and support to marginalized youth communities.

## **Santa Clara County Office of Education: Tobacco-Use Prevention Education (TUPE), Youth Health and Wellness Center**

The purpose of the TUPE program is to reduce youth tobacco use by helping students make health decisions through tobacco-specific educational instruction and activities. The Youth Health and Wellness Center seeks to expand mental health support in schools, decrease stigma around mental health, and focuses on prevention and early intervention.

## **Saratoga Library Teen Advisory Board**

The Saratoga Library's Teen Advisory Board is dedicated to creating fun, informative and engaging events for teens at the Saratoga Library.

## **Second Harvest of Silicon Valley**

Second Harvest's mission is to end hunger in our community.

## **SOMOS Mayfair**

SOMOS Mayfair supports children, organizes families, and connects neighbors to uplift the dreams, power, and leadership of community and addresses systemic inequities.

## **South Bay Youth Changemakers**

The mission of South Bay Youth Changemakers is to build Asian American power by developing young leaders who organize for a more just and sustainable society.

## **VOSJ Inner City Sports**

VOSJ Inner-City Sports promotes youth development through team sports.

## **YMCA Silicon Valley**

The mission of the YMCA Silicon Valley is to strengthen our community by improving the quality of life and inspiring individuals and families to develop their fullest potential in spirit, mind and body.

## **Young Women's Freedom Center**

The mission of the Young Women's Freedom Center is to inspire and empower young women, girls, and trans people of all genders to create a positive change in their lives and communities.

## **YWCA**

YWCA Golden Gate Silicon Valley is on a mission to eliminate racism, empower women, stand up for social justice, help families, and strengthen communities.



allcove

excite  
CREDIT UNION



COUNTY OF SANTA CLARA  
Behavioral Health Services

Santa Clara County  
PUBLIC HEALTH



COUNTY OF SANTA CLARA  
INTERN & EARN



Pacific Clinics



eliminating racism  
empowering women  
ywca  
Golden Gate Silicon Valley



SOUTH BAY YOUTH  
CHANGEMAKERS



LGBTQ  
Office of LGBTQ Affairs



Santa Clara County  
Office of Education



~~TUPE~~  
TOBACCO USE  
PREVENTION EDUCATION

Santa Clara County Office of Education



YOUNG WOMEN'S  
FREEDOM CENTER



OLSE  
Office of Labor  
Standards Enforcement  
Division of Equity & Social Justice



Youth  
Commission  
CITY OF SAN JOSE



# Call to Action

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The event will reconvene and close with a call to action on student wellness. Hear from the Santa Clara County Youth Poet Laureates and the Youth Liberation Movement!



Thy Hope Luong (she/her)  
Santa Clara County Youth Poet Laureate, 2023-2024



Emma Zhang (she/her)  
Santa Clara County Vice Youth Poet Laureate, 2023-2024



Matthew Kim (they/them)  
Santa Clara County Vice Youth Poet Laureate, 2023-2024



Sage Cobb (they/them)  
Santa Clara County Poetry Ambassador, 2023-2024



Nisha Shenoy (she/her)  
Santa Clara County Poetry Ambassador, 2023-2024



Angelina (Angie) Sanchez  
Senior Leader, Youth Liberation Movement

# Acknowledgements

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Thank you for attending the 2024 Youth Leadership Summit! We hope you were able to learn, connect, and enjoy the event.

While the list below is not comprehensive, we would like to take this opportunity to thank and acknowledge the many partners, collaborators, and organizations who helped make this Summit possible.

Oak Grove High School  
Oak Grove High School Wellness Center  
City of San Jose Department of Parks, Recreation and Neighborhood Services  
City of San Jose Youth Commission  
County of Santa Clara Board Supervisor Sylvia Arenas  
County of Santa Clara Board Supervisor Cindy Chavez  
County of Santa Clara Board Supervisor Susan Ellenberg  
County of Santa Clara County Executive James R. Williams  
County of Santa Clara Behavioral Health Services Department  
County of Santa Clara Office of the County Executive  
County of Santa Clara Social Services Agency  
County of Santa Clara Technology Services and Solutions  
County of Santa Clara Division of Equity and Social Justice Offices  
John Kraus and Student Violinists  
Kids in Common  
Santa Clara County Library District  
Santa Clara County Superintendent of Schools Dr. Mary Ann Dewan  
Youth Leadership Summit Panelists and Speakers  
Youth Leadership Summit Resource Tabling Organizations  
Youth Leadership Summit Volunteers

*Thank You!*

**Special Thanks to Raffle Prize donors  
Excite Credit Union  
and  
YMCA Silicon Valley**

Santa Clara County

# Behavioral Health Resources

Services are available for all ages and in other languages unless noted.

## Crisis & Suicide Prevention Lifeline

Call or text **988** (for local area codes)

All others call 800-704-0900 & press 1

Free, 24/7 support for anyone experiencing mental health distress, including:

- thoughts of suicide
- mental health or substance use crisis
- just need to talk

Trained counselors will provide compassionate support to individuals in crisis. Speak to a clinician who can screen and assess crisis situations over the phone and intervene wherever the crisis is occurring. The lifeline is anonymous and confidential: information will not be shared unless in-person services are needed. Services may or may not involve law enforcement in emergencies.

## Mental Health & Substance Use Services Call Center

*(800) 704-0900*

Free, 24/7 access to County services, including:

- specialty mental health
- substance use treatment or prevention
- support for survivors of suicide
- general information, grievances, and appeals

Trained and licensed mental health and substance use treatment services professionals will provide support. Referrals for Assisted Outpatient Treatment are also available.

## Crisis Intervention Team (CIT) Officer

*911*

In emergency situations, ask for a C.I.T. officer trained in mental health issues.

**Facebook:** @cscbehavioralhealth

**Instagram:** @cscbehavioralhealth

**YouTube:** @behavioralhealth

**Email:** PreventionServices@hhs.sccgov.org



COUNTY OF SANTA CLARA

**Behavioral Health Services**