

From: [Austin Begiebing](#)
To: [BoardOperations](#)
Subject: [EXTERNAL] Comments for June 8th Special Meeting
Date: Wednesday, June 3, 2020 10:01:09 PM

Hello Supervisors,

My name is Austin Begiebing and I own CrossFit Milpitas. A 6000 sq/ft fitness facility in Milpitas. I have owned and operated the business for 12 years. Our structure is small group training. Each class is 60 minutes. My gym population is small. 127 members pre-covid. With the doors shut we're doing what we can online and still serve 70 people. This has been the hardest 3 months we've been through and are barely holding on. I believe we can open and do so safely and responsibly.

I have been following other areas that have implemented plans to re-open fitness facilities. Here are 10 steps I plan to take based on my research and general business guidelines that SCC has published.

1. Create individual designated 12' x 12' spaces with an additional 4' border between each.
2. Limit attendance to 14, or lower if county guidelines require it.
3. Eliminate shared touch points. (Sign in on mobile instead of kiosk, workout equipment is only touched by member using it during the workout, member brings their own lifting chalk, and they bring their own mat for floor exercises, etc.)
4. Two hand washing stations in the front and back and two hand sanitizer stations at each entrance.
5. Disinfectant wipes to be used by member after use of equipment, enforced by staff.
6. Create good air flow by opening front roll up door and back door with 24" fans pulling fresh outside air through.
7. Put 30 minute gaps between each class to allow disinfectant to dry and to eliminate "class cross traffic".
8. Post signs in high traffic areas with procedures for members. All the standard stuff - wash hands upon entering, do not enter if sick, sneeze/cough in mask or elbow, etc.
9. Require pre-registration for classes to hold capacity limit and so we have a record of all people in the building and who was there with them in case this is needed for tracing.
10. Our workouts are high intensity and I worry about masks limiting oxygen when exercising. My plan, if acceptable, is to have members wear masks when entering and exiting their workout station, but not for the workout.

My staff will be trained and member communication will be constant. I want my members to feel safe to return and am willing to go above and beyond to serve them.

Thank you for your efforts in attempting to create a safe and effective re-opening plan for this sector.

Sincerely,
Austin Begiebing