

The logo features a stylized hand with the index finger pointing upwards, rendered in a yellow-green stippled texture. This hand is positioned inside a large, dark grey gear with a jagged, toothed edge. A vibrant pink circular line with a slightly irregular, hand-drawn appearance encircles the hand and the text below it. The background is a solid, deep purple.

**planet
fitness**

the judgement free zone

The Fitness Industry

➤ **We keep Californians Healthy Combating Mental and Physical Ailments And Diseases**

➤ **Regular Exercise Helps Prevent**

- Stroke
- Heart disease
- High blood pressure
- Type 2 Diabetes
- Depression
- Anxiety
- Many Types of Cancer
- Arthritis.

These Diseases Are The Leading Cause Of Death California And Kill Over 150,000 Californians Each Year source: Mayo Clinic; CDC ~ <https://www.cdc.gov/nchs/pressroom/states/california/california.htm>

Regular Exercise Plays A Key Role In Mental Health And Is Needed Now More Than Ever
Source: <https://www.mayoclinic.org/diseases-conditions/depression/in-depth/depression-and-exercise/art-20046495>

➤ **Our Industry Plays A Crucial Role In Preventing And Combating Chronic Diseases Which Account For 86% Of Health Care Costs.**

➤ **Health and Fitness Are Truly Part Of Our California Culture, Helping Bring A Balance To People's Life Between Work And Home Commitments**



State-Level Collaboration and Working With The Governor's Administration

Participation in the California Fitness Alliance

- A statewide coalition of Fitness Industry owners, operators, and leaders
- Worked collaboratively to consolidate industry standards and best practices for reopening gyms, fitness/health centers, and wellness centers

Frequent Communication with the Governor and Top Advisors

- Planet Fitness and the rest of the CFA team has maintained frequent meetings and constant dialogue with the Governor's senior advisor on emergency preparedness and management, senior advisor on business and economic development, and the director of Go-Biz
- The administration and our alliance are currently working with the California Department of Public Health on finalizing reopening standards and regulations



An Overview Of Planet Fitness

Planet Fitness Overview

- 2,000 locations around the country; 15.5 million members
- To Date Has Re-Opened 800 locations In 30 states Around The Country Without Incident (1,000 will be open by June 17th)
- We Are Using Best In Class Protocols Developed With The Oversight Of Medical Professionals
- Establishing A Safe Facility For Our Employees And Members In Relation To COVID 19 Is Our Top Priority

Planet Fitness In Santa Clara

- Four Locations With Over 75 Employees In Santa Clara County
- Most Employees Make \$18/ hr. Hold Multiple Jobs; Have Filed For Unemployment And Facing Growing Financial Pressures By The Day
- Working With The Governor's Administration And GO BIZ To Help Draft New Health Standards And Better Facilitate A Timely Reopening Of Health and Fitness Centers Incorporating Real-Time Best Practices And Lessons Learned Around The Country



Main Safety Measures of Re-Opening

Establishing A Safe Facility For Our Staff

- New Training Protocols
- Requiring and Providing PPE (gloves, masks, hand sanitizer) For All Team Members Following The Most Up-To-Date CDC Guidelines
- Daily Screenings Prior To Starting Shift(Questionnaire and Temperature Check Each Day)
- Physical Distancing (During Work, Meetings, and Breaks)
- Staggered Breaks To Prevent Employee Grouping
- Increasing Staffing To Meet Additional Cleaning Requirements
- Modified Operating Hours To Provide Time For Additional Cleaning After Hours

Facility Cleaning Protocols

- New Training Protocols (increased frequency, EPA-registered disinfectants)
- Electrostatic Backpacks Used With EPA-registered Spray To Clean Facility After Hours
- Physical Distancing (Separation on Equipment Throughout Gym and Locker Rooms)
- Club Disinfection And Deep Cleaning Of Equipment Throughout The Day Following Established Processes, Utilizing EPA (corona virus) Approved Chemicals



Main Safety Measures of Re-Opening

Establishing A Safe Facility For Our Members:

- All Locations To Receive A Disinfecting Deep Cleaning Before Re-opening
- Pre-Admittance Symptom Questionnaire For Members Each Day
- Providing Hand Sanitizers Upon Entry And Around Equipment Cleaning Stations Throughout
- Requiring Members To Sanitize Their Hands And The Equipment Before And After Use
- Contactless Check-In Utilizing Mobile Applications and Tablets Eliminating Human Contact And Respecting Physical Distancing.
- Clearly Marking Every Other Piece Of Equipment As Unavailable, Indicating Water Fountains Are For Bottle Filling Only,
- Marking Squares On The Floor Of The Free Weight Area, To Maintain Safe Physical Distancing.
- Implementing Systems To Track Member Count To Ensure Compliance With Maximum Occupancy Restrictions
- Updated System For Contact Tracing And Ability To Provide Information Immediately To Health Department In The Event Of A Breakout



Main Safety Measures of Re-Opening

Questions:





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**QUESTIONNAIRE RELATING TO THE ECONOMIC RECOVERY
PHASES OF COVID-19 AND PLANS, GUIDELINES, AND NEEDS
RELATIVE TO THE SAFE OPENING OF BUSINESSES AND OTHER
INSTITUTIONS**

Company/Organization Name: Saber Fitness Franchisees of Planet Fitness

Industry/Sector: Fitness

Date: 6/3/2020

1. Are you open or partially open? No
 - a. Are you an essential business? No
 - b. Are you open under an exception such as: No
 - i. Outdoor Business?
 - ii. Pickup/Delivery?
 - iii. Curbside Retail?
 - iv. Food Distribution?
 - c. Have employees and customers cooperated with the health safety protocols? Yes
 - d. To your knowledge, have employees or customers become infected with COVID-19? No
2. How many of your activities can be moved outdoors?
None
3. For indoor activities:
 - a. How can social distancing be maintained at points of ingress and egress, where people normally cluster? We have double doors and will not allow people to cluster at the front of gyms

- b. How can employees and visitors be protected from transmission of the virus (e.g., no-touch temperature checks, hand sanitizer, masks, and face shields)? Many protocols and guidelines are in-place including social distancing; heavy cleaning; PPE for all employees; hand sanitizer
 - c. How will Personal Protective Equipment (such as face covering and gloves) and hand sanitizer be provided before entry?
PPE is provided for our employees. We are providing hand sanitation stations at the front of the gym and asking members to use it upon entry
 - d. Can the times of activities be staggered to reduce the amount of people gathered at any one time? Yes
 - e. Can customers make appointments to gain entry while inside capacity is restricted? Yes
 - f. How can social distancing be maintained inside your premises?
Our facilities are from 13,000 to 23,000 SF we can provide adequate social distancing by limiting capacity at each location
4. What is your plan to acquire and distribute Personal Protective Equipment (like masks and gloves) and testing to your employees?
Our company Planet Fitness has spent over \$8.5 mln on PPE equipment
To distribute to the gyms.
5. How can you adapt to accommodate different size gatherings that may be allowed by the Public Health officer? (Smaller gatherings are likely to be allowed before very large ones.) See above on social distancing.
6. To meet the need for possible contact tracing, how would you maintain lists of employees and visitors with their contact information for contact tracing? (It is understood that lists of attendees would only be provided in

the event of an infection that needed to be traced, and then only to public health personnel trained in medical confidentiality.) We have all information available in our mobile application

7. In order to assist safe and productive re-opening, what are your needs relative to:

a. Regulation? We are asking that the County adopt the regulations that will be put out by the state

b. Licensure? N/A

c. Childcare? A/A

d. Housing? N/A

e. Digital Inclusion? We have digital workouts via our app free to members to assist with workouts at home.

f. Commute-Free Working?

8. If you have been opened or partially opened, what challenges have you experienced?

Our parent company Planet Fitness has opened 800 locations in 33 states there have been lessons learned which we have incorporated into the regulations we presented to the Governor's office and to Santa Clara

9. If you have been opened or partially opened, how has the community's adherence and response to the COVID health safety protocols been?

The members have been very respectful of the new rules and protocols we have not had any issues with compliance.